

CHC33015 – Certificate III in Individual Support

COURSE INFORMATION



Approved to deliver this training on behalf of:



the learning
collaborative
RTO 32350

CHC33015 Certificate III in Individual Support

Get started in a career in aged care with the CHC33015 Certificate III in Individual Support with Equinox Training.

This entry level qualification is for anyone who wants to work in the aged care or community services industries.

Qualified professional care workers are in high demand, with the health, aged care and community services sector set to experience high growth over the next 5 years due to the increased demand for aged care and disability support.

This course is suited to those who want a career change, are re-entering the workforce or want to kick off a meaningful and rewarding career with excellent employment prospects.

Course Delivery

Classroom – Face-to-Face

Working in the health and community service industry is a hands on, people focused industry, so we at Equinox Training have decided to ensure that all of our learners receive face-to-face training to build confidence and competence. Our facilities also include simulated working environments which will prepare our learners for real world situations in the workplace.

Course Duration

We deliver the classroom-based Certificate III in Individual Support over 11 weeks, with the additional requirement of 120 hours work (or 3 weeks) or practical placement.



Career Outcomes

Professional Care Worker

The role of a Professional Care Worker has a variety of names, such as: Support Worker, Personal Care Worker, Community Care Worker, Assistance in Nursing, to name a few, but the one thing they all have in common is their duties and responsibilities are alike.

Working as a Professional Care Worker, you would be expected to:

- Promote the person's independence
- Be patient, flexible and understanding
- Support people with domestic tasks
- Assist people with their personal care needs, this can include: grooming, eating, personal hygiene needs, showering and bathing
- Work as part of a team

Areas of Employment

You might work in:

Hospitals helping with education to patients for the purpose of improving their; lifestyle choices, diet, and exercise tolerance

Residential Aged Care Facilities providing competent personal care assistance under the direction of a Clinical Care Team

In-home Aged Care providing and delivering individual and personalised care and resources to clients, so that they may continue to live in their homes

Disability Services providing the best possible services and support to enhance the lives of people with disabilities and their families

Mental Health Services providing recovery-oriented support to clients including in relation to social supports, links to mental health treatment, housing and employment services and a quality lifestyle in the community

About the Qualification

This qualification reflects the role of workers in the community and/or residential setting who follow an individualised plan to provide person-centred support to people who may require support due to ageing, disability or some other reason.

Work involves using discretion and judgement in relation to individual support as well as taking responsibility for own outputs. Workers have a range of factual, technical and procedural knowledge, as well as some theoretical knowledge of the concepts and practices required to provide person-centred support.

Units

Unit Code	Unit Title
CHCAGE001	Facilitate the empowerment of older people
CHCAGE005	Provide support to people living with dementia
CHCCCS011	Meet personal support needs
CHCCCS015	Provide individualised support
HLTWHS006	Manage personal stressors in the work environment
CHCCCS023	Support independence and well being
CHCCOM005	Communicate and work in health or community services
CHCDIV001	Work with diverse people
CHCLEG001	Work legally and ethically
CHCPAL001	Deliver care services using a palliative approach
HLTAAP001	Recognise healthy body systems
CHCCCS025	Support relationships with carers and families
HLTWHS002	Follow safe work practices for direct client care

To achieve this qualification, students must complete at least 120 hours of direct support work in at least one aged care, home and community, disability or community service organisation.



Our Program

CHCAGE001 Facilitate the empowerment of older people

This unit describes the skills and knowledge required to respond to the goals and aspirations of older people and provide support services in a manner that focuses on improving health outcomes and quality of life, using a person-centred approach.

CHCAGE005 Provide support to people living with dementia

This unit describes the skills and knowledge required to provide person-centred care and support to people living with dementia. It involves following and contributing to an established individual plan.

CHCCCS011 Meet personal support needs

This unit describes the skills and knowledge required to determine and respond to an individual's physical personal support needs and to support activities of daily living.

CCHCCS015 Provide individualised support

This unit describes the skills and knowledge required to organise, provide and monitor support services within the limits established by an individualised plan. The individualised plan refers to the support or service provision plan developed for the individual accessing the service and may have many different names in different organisations.

HLTWHS006 Manage personal stressors in the work environment

This unit describes the skills and knowledge required to maintain health and wellbeing by preventing and managing personal stress.

CHCCCS023 Support independence and well being

This unit describes the skills and knowledge required to provide individualised services in ways that support independence, as well as, physical and emotional wellbeing.

CHCCOM005 Communicate and work in health or community services

This unit describes the skills and knowledge required to communicate effectively with clients, colleagues, management and other industry providers.

CHCDIV001 Work with diverse people

This unit describes the skills and knowledge required to work respectfully with people from diverse social and cultural groups and situations, including Aboriginal and/or Torres Strait Islander people.

CHCLEG001 Work legally and ethically

This unit describes the skills and knowledge required to identify and work within the legal and ethical frameworks that apply to an individual job role.

CHCPAL001 Deliver care services using a palliative approach

This unit describes the skills and knowledge required to care for people with life-threatening or life-limiting illness and/or normal ageing process within a palliative approach.

HLTAAP001 Recognise healthy body systems

This unit describes the skills and knowledge required to work with basic information about the human body and to recognise and promote ways to maintain healthy functioning of the body.

CHCCCS025 Support relationships with carers and families

This unit describes the skills and knowledge required to work positively with the carers and families of people using the service based on an understanding of their support needs. This unit applies to workers across a range of community services contexts.

HLTWHS002 Follow safe work practices for direct client care

This unit describes the skills and knowledge required for a worker to participate in safe work practices to ensure their own health and safety, and that of others in work environments that involve caring directly for clients. It has a focus on maintaining safety of the worker, the people being supported and other community members.

Practical Placement

During your studies in Individual Support you are required to complete a minimum of 120 hours of direct support work in a Healthcare facility (Host Organisation) – this is called your Practical Placement. Practical Placement is an integral part of the course, giving you, the student the opportunity to observe in and apply your learnt skills in the workplace. All students will be placed at a Healthcare Care Facility or service (host organisation) where you will work alongside a buddy in a health care team. You will work in a supernumerary capacity under the direct supervision of a buddy undertaking the day to day duties of a Professional Care Worker (PCW) /Assistant in Nursing (AIN).

We will aim to secure you placement following your classroom studies, however, some external circumstances prevent us from being able to do so. In these instances, we can guarantee that your placement will be fully completed within 3 months from the completion of your classroom studies.

Generally, you will be required to work an 8-hour shift at the service with usually a half an hour lunch break to ensure you meet the requirements of 120 hours of placement. You will be required to commence shifts sometime between 6am and 7am (this is at the discretion of the host facility), some facilities offer students an option of an afternoon shift, sometimes ending between the hours of 10pm and 11pm. Again, placement days and shift times are always at the discretion of the host facility and Equinox Training supports the host facility in these directives.

If you require a part-time, or schedule outside this 'full-time', Monday -Friday plan. You are welcome to source a suitable host provider and notify Equinox Training at your earliest opportunity, to enable us to review the service for suitability.

Your placement is an essential component of your study and needs to take priority over other activities i.e. employment and social life.



Entry Requirements

There are no academic entry requirements for this course. Successful applicants will need to:

- Achieve a level of language, literacy and numeracy appropriate for a Certificate III course
- Be able to handle physical aspects of the role
- Be emotionally equipped to handle the role
- Have a passion for caring for the elderly

Costs

Our fees are very affordable. Please contact our office for more details

Our fees also include:

- A Volunteer National Police Certificate
- All learning resources
- We organize and supervise your student placement
- Student Polo shirt (for placement)

Student Support

We want our students to succeed and go on to really enjoy the work they do in the industry they love, so we have put together a Student Support Program to assist in that journey.

We can provide phone support – Students can organise personal tutorial sessions over the phone. This support is flexible to the needs of the students. It can be an opportunity to seek feedback on assessment prior to submission or seek assistance with assessments.

Resume preparation – Prior to placement or completion of the course, students may access tools and resources to have a personal Resume created that is tailored towards individual support work and includes recent studies and placement experience. Resume development is achieved through face-to-face or over the phone one-on-one sessions.

Interview skills – An interview/coaching workshop is in-built into the course. This workshop provides advice and assistance to students on what to expect during job interviews.

Ongoing Support – Your journey with Equinox Training does not end once you finish your course. We may be able to provide you with customised employment support, by marketing high achievers to employers who are actively recruiting.

Contact Us:

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Equinox Training is approved to delivery this training on behalf of The Learning Collaborative (RTO 32350). All qualifications are issued by the Learning Collaborative.



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